

## YOUR DECISION:

## BRAZILLIAN BUTT LIFT

A non-surgical Brazilian Butt Lift is carried out using injectable, CE marked hyaluronic acid (HA) dermal filler. HA is found within the body naturally, in the skin and joints. It's natural properties allow it to provide both moisture and lubrication. HA dermal filler is a synthetic version, similar to that found within the body, that is reabsorbed by the body within 6-12 months on average. This duration depends particularly on skin type, on area and quantity injected, on the injection technique and also on client lifestyle. In consequence, this duration could be longer or shorter. Results are therefore not permanent and a top-up treatment will be required once or twice annually to retain the shape.

Injecting HA dermal filler into targeted areas can sculpt your figure giving buttocks a fuller and rounder appearance. The result will restore the volume and lift of the area with instant results. There are very minimal side effects in comparison with surgical methods.

The Brazillian Butt Lift procedure takes approximately 90 minutes to complete.

The treatment area may be tender for up to four days following the procedure. Many clients experience swelling and minor bruising. Slightly lumpy or hard areas may temporarily develop within the first few days, this can be relieved with gentle massage.

Clients can return to work within one week of the procedure but should avoid sitting for prolonged periods for 2 weeks after treatment, to prevent shifting the filler.

To avoid putting pressure on the treatment area clients should also sleep on their stomach for 2 weeks.

The Brazilian Butt Lift procedure is not a surgical procedure and is carried out under local anaesthetic. Please inform your practitioner immediately if you have an allergy to local anaesthetic.

I am not fructose intolerant.

I have not recently planned or had dental work.

I do not currently have toothache.

I do not practice high level sports.

I am aware specifically of the risk of inflammatory reactions, such as redness, swelling, oedema, erythema, and the possibility that itching or pain may occur when pressure is applied to these areas and that this can sometimes last several days. I understand that persistence of inflammatory reactions for longer than a week or the appearance of any other adverse effect must be notified to the practitioner as soon as possible. To remedy adverse effects, treatment that could last several months may be necessary (e.g. steroids or antibiotics).

I am aware that haematomas, indurations or nodules may appear at the site of the injection.

I am aware that very rarely, colouring or bleaching of the injected area has been reported.

I am aware that when used on the face, in extremely rare cases blindness or necrosis of the skin can occur.

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I have read and I agree to follow the advice given to me, especially:

Under the guidance of my doctor, avoidance of taking anticoagulants, aspirin or antiplatelet drugs in the days preceding injection.

Not using make-up over the injection sites during the 12 hours following injection

Avoid exposure to extreme cold or heat sources (e.g. UV light, saunas, Turkish baths), during 2 weeks following injection

I answered all the questions I was asked about my medical and cosmetic history truthfully. I was able to ask all the questions I wanted, and obtained satisfactory answers. I have been told about alternative procedures to this one. I

have read and understood the aftercare advice for this procedure.

Any changes to my medical history form, completed in the past have been conveyed to my practitioner.

**CLIENT:** Name:..... Signature:..... Date:.....

**Clinician:**  
I confirm I have summarised the relevant consent information verbally & checked understanding.  
**Clinician Signature:**  
.....  
**Date:** .....

**Additional Notes/Lot Numbers of Products**  
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