

**YOUR DECISION:**

**BOTULINUM A TOXIN**

This form is not just a formality- it's a record of your decision to consent to a procedure having considered the risk of both positive and negative outcomes and medical risks listed below, and the impact they may have on your well-being. Please initial the boxes you have read, understood & discussed as required with your clinician.

**What is being injected?**

Botulinum Toxin may be branded Azzalure, Botox, Bocouture is a purified protein produced by the bacterium clostridium botulinum. The product causes muscle relaxation and suppresses sweating for 2- 6 months on average (with wide variation between individuals) by temporarily disrupting nerve activity to muscles and sweat glands. By signing this form you agree & understand that some treatment areas are given off label as deemed appropriate by the prescribing clinician.

**What are the side effects and risks?**

- Transient headache, swelling, bruising, pain, twitching, puffiness/oedema around the eyes or numbness or other changes in sensation.
- Allergy including anaphylaxis is possible but very rare.
- Asymmetry (unevenness)
- Temporary drooping of facial features, including eyebrows, cheeks, and mouth.
- Dry eyes
- Double or blurred vision
- The theoretical risk of complications unique to certain individuals or so far unknown.

Initial:

**Interactions:** I have disclosed my medical and drug history to my clinician and am aware that many medications increase the risk of bruising and include but are not limited to Vitamin E, aspirin, Motrin, clopidogrel, warfarin and others.

**Limitations and alternatives:** Occasionally the treatment wears off quickly or does not work at all.

Botulinum Toxin is best at treating dynamic facial lines; those caused by facial muscle activity, lines present at rest may or may not improve and can be unpredictable. I have considered alternatives to treatment, including doing nothing, topical creams, chemical peels, laser treatments, surgical denervation, forehead/brow lift, facelift, or hyaluronic acid treatments and elected that at this time Botulinum toxin is the best option for me.

**Follow-up:** I understand free adjustment injections are available for 4 weeks after my first treatment but there after may incur a charge.

**Dissatisfaction:** I understand that with all treatments the actual degree of improvement cannot be predicted or guaranteed. The outcome's subjective nature means dissatisfaction is a possible outcome regardless of effectiveness of treatment. I understand that the effect of all treatments may gradually wear off and additional treatments may be necessary to maintain the desired effect.

**Agreement:** By signing this form, you agree that you have read this form carefully & considered the side effects risks and uncertainty of the outcome and decided the treatment is still in your best interests at this moment in your life. You have discussed all the details of the treatment plan, past treatments and your medical history with your clinician and shared all the information your clinician may need to plan a treatment. You agree that the balance of the benefits and risks to your overall favour the use of botulinum toxin. I understand that the primary treatment of side effects and complications is included in the cost of the procedure and therefore no refunds are issued due to any of the above occurring. I understand photographs are taken and stored for 7 years as part of my clinical record:

**CLIENT:** Name:..... Signature:..... Date:.....

**Clinician:**  
 I confirm I have summarised the relevant consent information verbally & checked understanding.

**Clinician Signature:**  
 .....

**Date:** .....

**Additional Notes/Lot Numbers of Products**

.....

.....

.....

.....

.....

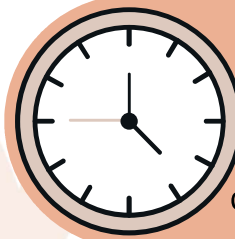
.....

.....

## Aftercare & Advice

### BOTULINUM A TOXIN

Today you may have undergone a treatment in which a tiny amount of a muscle relaxing protein has been injected into muscles to improve appearance. It will usually take between 3 and 10 days to start to see any muscle relaxing effect and 14 days until the full effect has been reached.



Treatments take 14 days to fully work and last 3-4 months on average

### What's normal after a procedure?

Injections can cause small amounts of swelling, a temporary bump, redness, bruising, a mild to moderate headache and sensations such as tingling or mild itching after the treatments. These effects are so common they can be considered a normal part of the process.

### Protect your result & reduce side effects.

- Remain upright for 2 hours.
- Do small extra contractions of the muscles treated every 20 minutes for the first hour.
- When cleansing, avoid pressure and use gentle strokes away from the eyes.
- Avoid facial massages or electrical stimulation of the face for the next 2 weeks.
- Avoid wearing tight caps or garments in the area that has been injected.
- Avoid alcohol and exposure to UV and extreme heat i.e. sauna, steam, sun beds, very hot showers, strenuous exercise etc

### Reduce the chance of infection.

- Do not apply make-up for approximately 6 hours unless it is mineral based.
- Wash your hands immediately post procedure.
- Do not touch your face in the areas injected for 6 hours.

### Contact us



- If you develop side effect such as a dry eye, droopy eyelid, heavy brow.
- Any other side effects you think are important
- If you feel distressed or worried in any way.
- Routine adjustments can be carried out from day 14 after your procedure.